

CERTIFICATE

OF PARTICIPATION

This is to certify that

Themba Nshalati

Has successfully participated & completed the

21km SA Run 4 Cancer Ultra Marathon 2019

held at Polokwane Rugby Fields.

TIME 03:11:39

PACE 09:06/km

OVERALL 596 of 766

26 October 2019, Sat

Date

GENDER 381 of

443

40+ 114 of 132



Signature